

**Cuadro 2. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN TOTAL, POR PROVINCIA Y COMARCA INDÍGENA,
SEGÚN AÑO Y ÁREA: AL 1 DE JULIO DEL 2020 AL 2035**

Año	Total	Provincia										Comarca Indígena		
		Bocas del Toro	Coclé	Colón	Chiriquí	Darién	Herrera	Los Santos	Panamá	Panamá Oeste	Veraguas	Kuna Yala	Emberá	Ngäbe Buglé
TOTAL														
2020	4,331,049	173,267	277,912	302,399	508,868	54,772	128,530	103,483	1,569,219	655,833	278,671	36,440	13,533	228,122
2021	4,385,682	176,598	279,705	304,986	513,771	55,444	128,885	103,877	1,585,175	672,555	280,271	36,839	13,644	233,932
2022	4,440,735	179,973	281,529	307,492	518,868	56,033	129,237	104,244	1,601,014	690,230	281,692	37,274	13,772	239,377
2023	4,496,166	183,429	283,357	309,971	524,106	56,334	129,637	104,651	1,617,248	708,611	283,013	37,549	13,905	244,355
2024	4,548,681	186,740	285,060	312,341	528,998	56,567	130,052	105,084	1,632,478	726,432	284,187	37,642	13,997	249,103
2025	4,598,365	189,897	286,586	314,524	533,447	57,040	130,407	105,472	1,646,548	743,519	285,167	37,775	14,103	253,880
2026	4,645,375	193,054	287,937	316,546	537,473	57,622	130,676	105,811	1,659,618	759,869	285,889	37,912	14,203	258,765
2027	4,689,933	196,211	289,180	318,423	541,125	58,225	130,850	106,093	1,671,780	775,536	286,377	38,044	14,307	263,782
2028	4,732,237	199,271	290,315	320,183	544,463	58,830	130,946	106,318	1,683,135	790,630	286,631	38,166	14,412	268,937
2029	4,772,444	202,245	291,321	321,851	547,478	59,430	130,993	106,498	1,693,718	805,119	286,752	38,282	14,518	274,239
2030	4,810,744	205,136	292,199	323,459	550,189	60,013	130,981	106,637	1,703,584	819,076	286,731	38,399	14,627	279,713
2031	4,847,326	207,946	292,954	324,996	552,641	60,596	130,919	106,698	1,712,831	832,528	286,607	38,519	14,741	285,350
2032	4,882,289	210,669	293,598	326,462	554,860	61,175	130,802	106,699	1,721,477	845,504	286,384	38,644	14,858	291,157
2033	4,915,753	213,333	294,124	327,884	556,830	61,753	130,642	106,656	1,729,582	858,004	286,074	38,766	14,981	297,124
2034	4,947,863	215,953	294,572	329,278	558,576	62,323	130,435	106,581	1,737,165	870,035	285,703	38,887	15,110	303,245
2035	4,978,651	218,510	294,946	330,606	560,147	62,889	130,201	106,480	1,744,236	881,592	285,268	39,010	15,253	309,513
Urbana														
2020	2,947,521	74,765	103,735	227,069	303,522	5,303	74,378	33,263	1,482,436	544928	98,122	-	-	-
2021	2,996,678	76,828	105,254	230,871	311,079	5,458	75,077	33,424	1,498,604	560625	99,458	-	-	-
2022	3,046,616	78,940	106,803	234,562	318,781	5,599	75,779	33,592	1,514,661	577168	100,731	-	-	-
2023	3,097,752	81,115	108,365	238,225	326,602	5,728	76,509	33,751	1,531,097	594360	102,000	-	-	-
2024	3,147,076	83,245	109,898	241,769	334,213	5,845	77,238	33,927	1,546,580	611153	103,208	-	-	-
2025	3,194,102	85,334	111,373	245,133	341,549	5,985	77,942	34,094	1,560,955	627380	104,357	-	-	-
2026	3,239,035	87,444	112,787	248,362	348,607	6,155	78,597	34,240	1,574,379	643039	105,425	-	-	-
2027	3,281,962	89,584	114,186	251,416	355,393	6,312	79,184	34,364	1,586,937	658167	106,419	-	-	-
2028	3,323,086	91,692	115,541	254,355	361,931	6,486	79,729	34,473	1,598,721	672830	107,328	-	-	-
2029	3,362,508	93,794	116,870	257,179	368,205	6,661	80,237	34,571	1,609,764	687038	108,189	-	-	-
2030	3,400,283	95,867	118,140	259,913	374,216	6,838	80,715	34,658	1,620,121	700805	109,010	-	-	-
2031	3,436,558	97,938	119,376	262,560	379,983	7,009	81,150	34,707	1,629,877	714165	109,793	-	-	-
2032	3,471,402	99,968	120,572	265,114	385,507	7,205	81,553	34,751	1,639,042	727147	110,543	-	-	-
2033	3,504,844	102,000	121,721	267,584	390,791	7,385	81,914	34,769	1,647,688	739743	111,249	-	-	-
2034	3,537,040	104,028	122,852	269,988	395,827	7,582	82,255	34,787	1,655,825	751954	111,942	-	-	-
2035	3,567,891	106,037	123,955	272,310	400,631	7,779	82,564	34,790	1,663,466	763760	112,599	-	-	-
Rural														
2020	1,383,528	98,502	174,177	75,330	205,346	49,469	54,152	70,220	86,783	110905	180,549	36,440	13,533	228,122
2021	1,389,004	99,770	174,451	74,115	202,692	49,986	53,808	70,453	86,571	111930	180,813	36,839	13,644	233,932
2022	1,394,119	101,033	174,726	72,930	200,087	50,434	53,458	70,652	86,353	113062	180,961	37,274	13,772	239,377
2023	1,398,414	102,314	174,992	71,746	197,504	50,606	53,128	70,900	86,151	114251	181,013	37,549	13,905	244,355
2024	1,401,605	103,495	175,162	70,572	194,785	50,722	52,814	71,157	85,898	115279	180,979	37,642	13,997	249,103
2025	1,404,263	104,563	175,213	69,391	191,898	51,055	52,465	71,378	85,593	116139	180,810	37,775	14,103	253,880
2026	1,406,340	105,610	175,150	68,184	188,866	51,467	52,079	71,571	85,239	116830	180,464	37,912	14,203	258,765
2027	1,407,971	106,627	174,994	67,007	185,732	51,913	51,666	71,729	84,843	117369	179,958	38,044	14,307	263,782
2028	1,409,151	107,579	174,774	65,828	182,532	52,344	51,217	71,845	84,414	117800	179,303	38,166	14,412	268,937
2029	1,409,936	108,451	174,451	64,672	179,273	52,769	50,756	71,927	83,954	118081	178,563	38,282	14,518	274,239
2030	1,410,461	109,269	174,059	63,546	175,973	53,175	50,266	71,979	83,463	118271	177,721	38,399	14,627	279,713
2031	1,410,768	110,008	173,578	62,436	172,658	53,587	49,769	71,991	82,954	118363	176,814	38,519	14,741	285,350
2032	1,410,887	110,701	173,026	61,348	169,353	53,970	49,249	71,948	82,435	118357	175,841	38,644	14,858	291,157
2033	1,410,909	111,333	172,403	60,300	166,039	54,368	48,728	71,887	81,894	118261	174,825	38,766	14,981	297,124
2034	1,410,823	111,925	171,720	59,290	162,749	54,741	48,180	71,794	81,340	118081	173,761	38,887	15,110	303,245
2035	1,410,760	112,473	170,991	58,296	159,516	55,110	47,637	71,690	80,770	117832	172,669	39,010	15,253	309,513